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Week ending Friday February 24, 2017

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Local News

Dagenham, Parsloes Park, Becontree, Barking Central, Barking, Upney

KNIFE ATTACK VICTIM FIGHTS FOR HER LIFE

- PARENTS AND HUSBAND AT WOMAN'S BEDSIDE
- POLICE RENEW APPEAL TO FIND ATTACKER
- EXTRA OFFICERS ON PATROL REASSURE PUBLIC

By Rudi Abdallah

waltham@yellowad.co.uk

A WOMAN is fighting for her life after being stabbed in Dagenham as police returned to the scene of the attack to appeal for witnesses.

Qingqing Rao, 29, a business analyst from Barking, remains in a critical condition in hospital with stab wounds and injuries to her head.

Police officers handed out leaflets and spoke to passers-by between 8.30pm and 10.30pm on Monday, February 20.

DCI Gary Holmes, of the Homicide and Major Crime Command, who is leading the investigation, said: "Qingqing remains unconscious in hospital in a life-threatening condition."

"Her parents and husband are by her side and desperate to catch the person who did this to her."

He said officers are still unclear about the attacker's motive but believe Qingqing did not know who it was.

He said: "We are still keeping an open mind about the motive and exploring all lines of enquiry but indications are Qingqing was brutally attacked by a stranger."

The attack took place at 9.50pm on Monday, February 13.

Officers were called by the London Ambulance Service to help an unconscious and injured woman on Kithira Road, Dagenham.



CRITICAL: Qingqing Rao remains in hospital with stab wounds

She was taken to an east London hospital.

It is understood Qingqing was on her way home from her job in central London.

She boarded a bus at Rippleside Cemetery at 9.37pm and got off three minutes later at Castle Green Park by the A13.

As she walked across the park towards her home she was attacked.

Her bag was later found in Goresbrook Road and officers are trying to establish whether any of her property is missing.

Police are trying to contact two women who helped paramedics to contact them.

Chief Supt Sean Wilson, who serves the Barking and Dagenham borough, said residents must be vigilant.

He said: "This was clearly a horrific attack that has left a young woman fighting for her life. Attacks like this are rare but I know our local community will be very concerned about what has happened."

"We are putting extra officers on patrol in the area to offer reassurance and giving every support to DCI Holmes' investigation."

Anyone with information is urged to call the police incident room on 020 8345 1570, contact police via 101 or tweet @MetCC.

Alternatively they can contact Crimestoppers anonymously on 0800 555 111 or via www.crimestoppers-uk.org.

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UP CLOSE: An otter
and left, Toby Brown
meets a penguin

It's animal magic at Sea-Life Adventure

A WHOLE new world of wonder is on offer at Sea-Life Adventure on Southend seafront following a £680,000 redevelopment.

The popular attraction has virtually doubled in size in just over five weeks and now features new animal attractions including penguins, meerkats, otters and a royal python.

To see the amazing changes for yourself the centre and the YA are giving away FIVE family tickets, each admitting two adults and two children. Amazing additions include a huge tank to house some real monsters of the sea – two Asian short clawed otters from Newquay Zoo, three

meerkats from Dundee's Caperdown Wildlife Centre, and penguins from Colchester Zoo, all of which have been rescued or captive born and were overcrowded in their old homes.

Sea-Life Adventure's director Lucy Hodge said: "With more exhibits and exciting animals than ever before, we have been able to create a vast array of brand new interactive experiences, such as a Tropical Rockpool, so you'll now be able to hold the crabs and starfish, as well as some exciting new reptile and bug encounters."

The redevelopment means that Sea-Life Adventure, which has joined the British and Irish Association of

Zoos and Aquariums, can engage more deeply in promoting and raising awareness of environmental conservation and protecting animals.

Find out more at sealifeadventure.co.uk.

To win one of five family tickets to Sea-Life Adventure answer this question.

Q: From which zoo has Sea-Life Adventure's Asian short clawed otters come from?

**A: Newquay Zoo
B: London Zoo
C: Colchester Zoo**

To enter the competition telephone your answer A, B or C to 0901 307 1686 with your name, address, telephone number and email.

Alternatively text YASEA (space) followed by A, B or C, and your name, full address and email to 63333.

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If you do not wish to receive details on any other products or services, text EXIT at the end of your message. Lines close on Thursday, March 2. Entries received after the closing date will not be counted but may still be charged.

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Homes to be built across council owned Redbridge sites

NEARLY 150 people waiting for a home in Redbridge will be helped after the council approved the construction of affordable properties to rent.

At total of 148 homes will be built across eight council owned sites, including Coppice Path and Old Mill Court developments.

Construction of the first homes will begin next month.

Eight one bedroom homes, 67 two bedroom homes and 31 three bedroom homes will be built. Forty-four existing bedsits will be replaced by more spacious one bedroom flats.

Ten of the homes will have wheelchair facilities, two-thirds of which will be in three bedroom homes for families with a disabled person.

CLr Farah Hussain, cabinet member for Housing said building affordable homes was a 'priority' for Redbridge Council.

"Creating more homes, including affordable homes, is a priority for us and we know that it's key to building a sustainable future for Redbridge.

"Our new affordable homes programme is a great opportunity to develop good quality homes which reflect the current needs and lifestyles of tenants, while also enhancing the character of the local area and create strong communities," she added.



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Driving instructor held in police road safety blitz

A DRIVING instructor allegedly over the legal limit for cannabis was one of seven people to be arrested in Dagenham for various motoring offences.

Officers apprehended the instructor and other drivers under Operation Reclaim, which saw around 350 vehicles stopped on both sides of New Road, Dagenham on Saturday, February 18.

A total of 25 vehicles were seized by police for not being insured.

The arrests covered allegations of stealing a motor vehicle, driving while disqualified, drink-



OPERATION: Police stop a lorry in Dagenham

driving and driving under the influence of drugs. Forty-five drivers were reported for driving offences, such as no insurance, not wearing a seatbelt and using a mobile phone while driving.

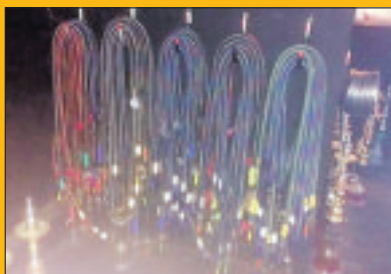
One driver was fined for having red diesel in his lorry, as well as no MOT, tax and having an insecure load.

Special Sgt Geoff Tatman said: "We will always endeavour to deprive criminals the use of roads through uninsured vehicles, and multi-agency operations such as this one will continue in conjunction with the Motor Insurance Bureau."

Shisha pipes seized in smoking ban crackdown

COUNCIL inspectors seized more than 200 shisha pipes from Empire Shisha Lounge in Green Lane, Dagenham.

The swoop, the second in a matter of days, was part of a crackdown on suspected smoking ban violations and followed a tip-off that customers were smoking pipes in a "substantially enclosed" space.



SMOKE: More than 200 shisha pipes were found at the Empire Shisha Lounge in Dagenham

Cllr Laila Butt, cabinet member for enforcement and community protection, said: "Our clampdown on illicit smoking is part of a wider drive to get tough on anyone flouting environmental law – such as the smoking ban."

"We are determined to make a cleaner, healthier and better Barking and Dagenham."

The council officers issued four £50 on-the-



spot fines to customers who were caught smoking shisha.

Cllr Butt said: "There will be more operations of this kind in the pipeline."

"My message is clear, if you mess with our borough we all love, you will face the music."

Shisha is a flavoured tobacco smoked through an instrument called a hookah.

What do you think? Write to Yellow Advertiser, Acorn House, Great Oaks, Basildon, Essex, SS14 1AH, or e-mail letters@yellowad.co.uk

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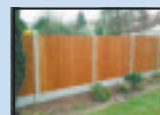
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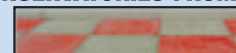
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CRYPTIC CLUES

ACROSS

1. Remains of a soft lever perhaps (9)
8. Have to concede (3)
9. He tells you to raise your glasses to a saint and teacher (11)
11. Shop Reg set up for animals (7)
12. Awfully inane girl (5)
13. Out to boo the first musician (6)
15. Bed in a ship for a girl (6)
17. Money container that boxers fight for (5)
18. Piece of drapery Victoria and Albert clean up (7)
20. Post pinmen to Pat perhaps (11)
22. Establish a group (3)
23. Perceived that the screen did get taken out (9)

DOWN

2. The English go for a self-image (3)
3. Unusual new route (5)
4. Pass by when asleep, possibly (6)
5. Fill beyond capacity on the day I eat out (7)
6. E.g., in favour of taking a fashionable posture (3,8)
7. You find a new grave in one, usually (2,7)
10. Apt to take illegally (11)
11. Favourable reviews will make clothes look smart (4,5)
14. Soaked an unreasonable journalist (7)
16. Keeps out of the way when around an empty place (6)
19. Being drunk, he was supple (5)
21. Born in Bourne End? (3)

QUICK CLUES

ACROSS

1. Capsizes (9)
8. Hurry (3)
9. Limiting (11)
11. Constructor (7)
12. Beseech (5)
13. Basic (6)
15. Scattered (6)
17. Foreign (5)
18. Painters (7)
20. Sprinkle (11)
22. Consume (3)
23. Call up (9)

DOWN

2. Compete (3)
3. Weary (5)
4. Register (6)
5. Fragment (7)
6. Forerunner (11)
7. Happenings (9)
10. Fitness (11)
11. Defile (9)
14. Maniac (7)
16. Infertile (6)
19. Subject (5)
21. Exhaust (3)

Last week's solutions

QUICK SOLUTIONS

Across: 7 Nearly; 8 Quiver; 10 Elevate; 11 Raise; 12 Glue; 13 House; 17 Equip; 18 Beat; 22 Rinse; 23 Unusual; 24 Frenzy; 25 Scarce.
Down: 1 Inveigh; 2 Hateful; 3 Gleam; 4 Sunrise; 5 Avoid; 6 Creep; 9 Melodious; 14 Squeeze; 15 Require; 16 Stilted; 19 Craft; 20 Under; 21 Quick.

CRYPTIC SOLUTIONS

Across: 7 Orates; 8 Nipper; 10 Pontoon; 11 Parts; 12 Stew; 13 Suite; 17 Spell; 18 Alto; 22 Light; 23 Raiment; 24 Ballet; 25 Totems.
Down: 1 Compass; 2 Painter; 3 Senor; 4 Dispute; 5 Spare; 6 Irish; 9 In full cry; 14 Spotted; 15 Sleeper; 16 Contest; 19 Clubs; 20 Agile; 21 Piton.



TOKEN: Evie-Rae Dellow, three, sticks a message on the Random Acts of Kindness wall at the Liberty Shopping Centre, Romford
Photo by Martin Dalton

I'm helping make town the 'capital of kindness'

CHILDREN showed their caring sides by participating in love-filled activities at the Liberty Shopping Centre in Romford.

Children made Valentine's cards and photo frames for loved ones at the Kindness Factory.

They also wrote down a good deed they planned to do on wish hearts hung them on a kindness tree.

Jonathan Poole, centre manager, said: "It was

great to see so many families involved in our half-term activity. We hope that our half-term activities encouraged kids to get creative and do good deeds that will make loved ones smile.

"We think there is a good chance we made Romford the kindness capital of the county during Random Acts of Kindness Week."

The events marked International Random Acts of Kindness Week.

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BEAUTIFUL: Abandoned dog rescued by RSPCA is hoping a new owner will come forward.

Princess, the pedigree boxer, doing well but needs a home

A FIVE-YEAR-OLD female tan-and-white dog found in an 'emaciated state' in Dagenham two weeks ago is making a 'good recovery', according to the RSPCA.

Princess was found by a passer-by on Academy Way, Dagenham, in the early hours of Monday, February 6, with a damaged tail and overgrown nails.

Kate Ford, an RSPCA inspector called to help Princess when she was discovered, said she was clearly too thin and weighed less than she should.

"She was so thin you could see all her ribs protruding - unusual

for this normally well muscled breed. A dog like this should be at least 27kg I would say, but instead she weighed just 18kg.

Ms Ford added that the signs of neglect were clear.

"She was poorly and suffering from diarrhoea, had clearly been neglected in many ways. She had sores all over her legs, probably from sleeping on concrete floors, and overgrown nails which makes me think she had not been taken for many walks.

The RSPCA inspector speculated that she could have been abandoned by owners who underestimated the task of looking after a pedigree dog.

"She is a beautiful dog and clearly of good breeding. She is a lovely girl, but a pretty strong character and may well have been too much for her previous owners, who may have not realised how challenging looking after a pedigree pet like this can be."

The RSPCA is continuing to investigate how Princess ended up in her condition and on the street.

Princess is still looking for a home. To adopt her, visit www.rspca.org.uk/findapet.

Anyone with information on how she was abandoned is urged to call 0300 123 8018.



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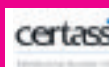


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CREATIVE: Woodland faces workshop at Ingrebourne Valley nature reserve

Photos by Martin Dalton

Fun with wood

CHILDREN and their parents tapped into their creative sides at a woodland faces session in Ingrebourne Valley nature reserve, Hornchurch Country Park.

Visitors turned chunks of wood into animal masks, using nails, pine needles and painted them.

The event was so popular that

the session ended early due to a lack of materials.

Becky Gibson, education and community officer at Ingrebourne Valley, said: "Each one was perfectly unique and the children came up with some great ideas."

"A great time was had by all and a number of families will be back to attend our other

events coming up."

Essex Wildlife Trust, which organised the event, will put the money raised towards county conservation projects.

For more information go to www.essexwt.org.uk/reserves/ingrebourne and www3.havering.gov.uk/Pages/ServiceChild/NatureReserves-IngrebourneValley.



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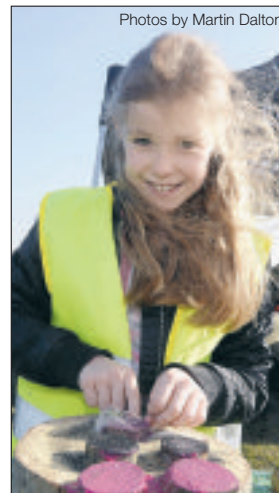
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MP brands Tony Blair a 'remoaner'

ROMFORD MP Andrew Rosindell says Tony Blair should stop "grandstanding and patronising the British people" over Brexit.

He condemned Mr Blair's speech to Open Britain in London last Friday, calling him a "remoaner" unable to accept the result of the EU referendum in 2016.

He said: "Tony Blair needs to do us all a favour and stop grandstanding and patronising the British people - it's so 1997."

"Brexit will work and it's time for remoaners like Blair to accept the democratic result."

Mr Blair urged people to "rise up" against Brexit, which he argued came about because people were "mis-

led". Conservative MP Mr Rosindell said former Labour prime minister Mr Blair's desire to bring Britain into the Euro undermined his claims.

"Talking Britain down is straight out of the Remain campaign's predictable handbook," he said.

"Don't forget, he wanted to take us into the ill-fated euro which has brought disorder to the continent. Blair and the Open Britain campaign need to realise that Brexit is going to be a success and the people are on side."

James McGrory, co-executive director of Open Britain, said: "The desire of Leave campaigners to always play the man and not the ball suggests a lack of confidence in the substance of their argu-

ments." Mr McGrory defended Mr Blair's right to speak out against the government's proposals for leaving the EU, which have been described as "hard Brexit" by critics.

He said: "Andrew Rosindell MP is entitled to his opinion on Brexit. As is everyone else, including a three-term prime minister like Tony Blair who can offer a unique insight into the complexities of negotiating with the European Union."

"Instead of attempting to shut down debate with insults, Mr Rosindell would be better served explaining how he is going to deliver for the people on all the promises he has made to the people of Essex about the benefits leaving the EU will bring them."

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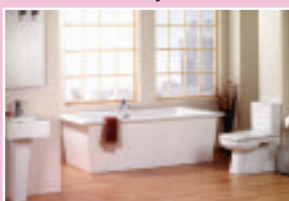


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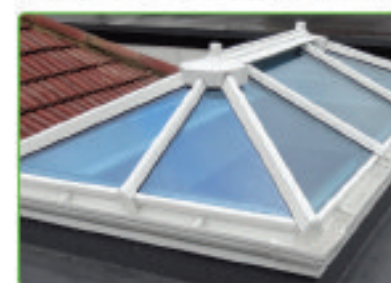
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Questions need answering over OAP's asbestos death

By Rudi Abdallah

havering@yellowad.co.uk

MYSTERY surrounds the death of a 79-year-old man from Romford exposed to asbestos in different places.

Albert Keyworth, who died on September 28, 2016, came into contact with asbestos "environmentally and whilst at work", according to an inquest.

On Monday, February 13, the coroner recorded an open verdict on the retired technical supervisor's death, saying "it is not possible to ascertain which exposure was the cause of his asbestos-related death".

Asbestos kills around 5,000 workers each year, which is more than the annual number of traffic collision victims.

Around 20 tradesmen a week die as a result of past exposure, according to information by the

British Lung Foundation and The Health and Safety Executive.

The *Yellow Advertiser* has asked the Coroner's Office for details of the asbestos leak into the environment.

Asbestos is banned in the UK after the link between certain diseases and inhalation of asbestos fibres was established.

When disturbed, asbestos releases fibres into the air which, if inhaled, can cause serious and

fatal diseases, such as asbestosis, asbestos-related lung cancer and mesothelioma.

The diseases typically take a long time to develop and do not affect the person immediately.

Tradesmen, such as carpenters, plumbers, electricians, painters and builders, who come into contact with it through their work are most at risk.

If you are suffering from chest pains, shortness of breath and coughing, consult your GP.

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Chef in running to be crowned kebab king

A CHEF is hoping to skewer the competition at the fifth annual British Kebab Awards.

Ahmed Mehmed, 46, who works at the Deja Vu Garden, Walthamstow, was nominated in the Chef of the Year category by members of the public. He will now compete with nine other chefs from across the country to claim the prize. Other categories include Kebab Van of the Year and best kebab house in Scotland, Wales and Northern Ireland.

The ceremony takes place on Sunday, February 26, at Westminster Park Plaza

Hotel in London when judges will reveal the winners. As a reflection of the kebab industry's contribution to the UK economy and British culture in general, the awards will welcome a host of celebrities, prominent politicians, journalists and the nation's hard-working restaurant workers for an evening of celebration.

To support your favourite restaurant tweet #BritishKebabAwards and for more about the competition go to www.britishkebabawards.co.uk.

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WHAT'S ON

To have your event considered for publication, send the details AT LEAST 10 DAYS before the issue date to: **What's On, Yellow Advertiser, Acorn House, Great Oaks, Basildon, SS14 1AH.** You can e-mail us at: letters@yellowad.co.uk PLEASE NOTE: We cannot guarantee that all entries will be included. However, you can add the details of your event to our website at www.yellowad.co.uk

Friday, February 24

- Redbridge 18-Plus – York Room, Central Library, Clements Road, Ilford.

Saturday, February 25

- Jumble sale – Parkside Community Assoc., 176, Goodmayes Lane, Ilford, IG3 9PP, 11.30am, 30p
- Chingford Model Engineering Club – Open Day, Ridgeway Park, Peel Close, off Old Church Rd, Chingford, E4 6XU, 10am-2pm
- Tennis – small club in Ilford, Sat pm, Sun am and three weekday afternoons, over-50s welcome, details Tom 020 8593 4365
- Ante-natal Yoga – Quaker Meeting House, Bush Road, Wanstead, E11, Sat 10am to noon, Mon 6.45-8.45pm, post-natal yoga, Sat 12.05-1.15pm, 020 8923 6452

Sunday, February 26

- Ilford & District C.H.A. Rambling Club – morning walk, meet 10.30am at Cutty Sark DLR station. 020 8926 4593
- Strides Badminton Club – Wanstead Leisure Centre, Redbridge Lane West, 3.30pm, 18 and over, all levels, details Mark 020 8598 8435 (before 9.30pm)
- Sunday Service – Lighthouse Chapel International Church, Outset Centre, Frederick Street, Walthamstow, 11am-1pm, 07974 108350
- Sunday Services – Kings Road Baptist Church, Chingford (junction of Kings Road and Scholars Road), 11am and 6.30pm
- Sunday Services – Higher Life Christian Centre, Forest YMCA, 642 Forest Road, Walthamstow, 10am to noon
- Learn to Dance Modern Jive – Hainault Forest Community Centre, 7-10.30pm, 07768 005858

Monday, February 27

- Short Mat Bowls – Warren Heath Short Mat Bowls Club, Warren Junior School,

Gordon Road, Chadwell Heath, 7pm, details Tony or Heather 01708 340874.

- Music Listening Appreciation Group – Rectory Library, Rectory Road, Dagenham, 7pm, admission free, 020 8592 8821
- Rehearsals – Redbridge Ladies Choir, Palmer Catholic Academy, Seven Kings, 7.45-9.15pm, new members welcome. 020 8551 9895
- Rehearsal – The Rodding Players Orchestra, Rodding Valley High School, Alderton Hill, Loughton (opposite Underground station), 7.15pm, new members welcome. 020 8505 4329
- Forest Highlanders Pipes and Drums – St Cedd's Church, Seven Kings, 8pm
- Bingo – Friday Hill Community Association, Coney Burrows Community Hall, Friday Hill, E4, 1.30pm
- Multi-denominational healing – Redbridge Healing Centre, IRDSA Hall, Craven Gardens, Barkingside, IG6 1PS (next to car park, Fullwell Cross roundabout), 7-9pm, no charge, 07971 536581/556490 or 07821 969405
- Yoga Classes – The Peterhouse Centre, Walthamstow, 1-3pm and Tiptree Community Hall, Barkingside, 7.30-9.30pm, call Kay Russell 020 8554 7168

Tuesday, February 28

- Stroke Club – Parkside Stroke Club, Parkside Community Centre, Goodmayes Lane, 1.30-4pm, 020 8595 3973
- Coffee Shop – Eastern Avenue Baptist Church, East Road, Chadwell Heath, 10am, games, videos, friendship, all welcome. 020 8599 1479
- Club – Barking and Dagenham 18-Plus, The White Horse Inn, 118 High Road, Chadwell Heath, ages 18-35, 9pm, free trial membership, details Joe 07958 669339
- Duplicate Bridge – Parkside Community Centre (corner of Goodmayes Lane and Longbridge Road), Barking, 1.30-4.30pm, regret no beginners, call Jim (pref. evenings 5.30-6.30pm) 020 8592 0397
- Rehearsals – Chapel End Savoy Players, St John's Church, Chingford Road, Walthamstow, 8-10pm, 020 7474 7926
- Chadwell Heath Canasta Club – Chadwell Community Centre, High Road, Chadwell Heath, RM6 6AS, 7pm, all welcome, from beginners (we will teach you). 020 8599 6638
- Barking Road Runners – Barking Abbey School Leisure Centre, Woodbridge Road, 7.15pm, for experienced or fun runners, over 16 years. 020 8594 4602
- Whist Drive – British Legion Club, Ilford, 7.45pm. 01708 555478

- Line Dancing – Walthamstow Trades Hall, intermediate, 8-11pm, 07968 036373
- Circle Dancing – King Solomon High School, Barkingside, 8-10.30pm, no partners necessary, details 07956 592938
- Salsa classes – American Square Dance Club, Fullwell Cross Library, Barkingside, 8-10.30pm, beginners welcome
- Tea Dance – Woodward Hall, Woodward Road, Dagenham, mainly ballroom and Latin American, 2-4pm, 020 8592 8402
- Redbridge Folk Dance Group, King Solomon High School, Forest Road, Barkingside, 8-10pm, 020 8559 8505 (eve)
- Salsa classes – Latin aboard the Tereza Joanne moored at King George V Dock, E16, 7.30pm. 020 7511 5000
- Fitness classes – Wesley Hall, Methodist Church, Loughton High Road, 10.30-11.45am, safe, fun, 020 8508 3346
- Sahaja Yoga Meditation – 1a Jewel Road, Walthamstow, learn to meditate, relax, de-stress, free weekly classes, 7.30pm, beginners welcome. 07931 851954
- Yoga Classes – Redbridge Social Centre, rear of 188/190 Beehive Lane, Ilford, for beginners and mixed ability, 2-3.30pm and 7.30-9pm, 020 8550 0689
- St Francis Mother and Toddler Club – Evangelical Church, Fencepiece Road, Barkingside, 1.30-3pm, adults £1, children free entry
- Duckling Club – Parent and Toddler Group, Ley Street Chapel, 367 Ley Street, Ilford, 10am to noon. 020 8514 1255

Wednesday, March 1

- Talking Hands – club for the deaf and hard of hearing, 10.45am-2.45pm, York Room, Ilford Library
- Table Tennis – Forest Community, Guildford Road, Walthamstow, 8pm, new members welcome, Ray 020 8524 4289
- Friends Club – St Cedd's Church Hall, Blythwood Road, Seven Kings (opposite Homebase), 1-4pm, short mat bowls and snooker, 50p per session
- Live Blues Jam – Coach and Horses, 391 High Road, Leyton, guests, regulars and house band, £2 listeners, £1 musicians, singers and drummers especially welcome, 8.30-11.30pm. 020 8502 0351
- Ilford No. 1 Senior Citizens Club – St John's Church, St John's Road, Seven Kings, IG2 7BB, 1-3pm, details Helen 020 8590 7291
- Social Club – Wanstead House, The Green, E11, 8.30-10.30pm. 020 8514 8046
- Bingo – Royal British Legion Club, 31

Dunton Road, Leyton, 7.30-10pm.

- Claivoyance – Little Ilford Christian Spiritualist Church, Third Avenue, Manor Park, spiritual healing, 12.30-1.45pm, services with clairvoyance 2pm and 7.30pm. 020 8514 4030

Thursday, March 2

- Keep Fit for over-50s – Debdon Park Community Association Hall, Willingale Road, 10.30am. 020 8508 3346
- Weekly 'drop-in' – friendly people who just want an afternoon of company. St Andrew's Church, Church Road, E17 6AR, 2-4pm
- Circle Dancing to World Music – Quaker Meeting House, 1a Jewel Road, Walthamstow, 2-4pm, £4, beginners welcome, no partner needed, Pat 020 8556 3508
- Ilford Centre Townswomen's Guild, St Alban's Church Hall, Albert Road, Ilford, 2-4pm
- Wanstead Rotary Club – County Hotel, South Woodford, 1-2.15pm, call David 020 8969 2701
- Barking and Dagenham Friendship Club – Methodist Church, London Road, Barking, 2-4pm, £1.50, for people who have had a sad loss. 020 8594 6409
- Rehearsals – Woodford Symphony Orchestra, 020 8504 7783
- Dagenham Camera Club – Wantz Library, Rainham Road North, 8-10pm. 020 8252 2934
- Forest Creative Writers Group – Jazz Archive Room, Loughton Library, Traps Hill, Loughton, 12.45-2.45pm
- Friends Club – St Cedd's Church Hall, Blythwood Road, Seven Kings (opposite Homebase), 50p per session
- Redbridge Stroke Club – Loxford Youth Centre, 2-4pm, 020 8220 5878
- Indoor Short Mat Bowling Group – Buckhurst Hill Baptist Church, Palmerston Road, Buckhurst Hill, 8-10pm, facilities for disabled players, call Ken 020 8504 9044
- Evening of clairvoyance – Friends of Light and Healing, Kingsley Hall, Kingsley Road (Debdon), Loughton, 8pm
- Church service with clairvoyance – Barking Christian Spiritualist Church, IRDSA Hall, Craven Gardens, Barkingside, 2.30pm, free admission. 07930 231189
- Spiritual healing – Wanstead Library, Churchill Room, Spratt Hall Road, Wanstead, 6-7.45pm

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Denise Nichols, The London Gazette (3145), PO Box 3584, Norwich NR7 7WD.

PATRICIA FROST (Maiden name: Welsnaer Previous name: Whiddett) (Deceased)

Pursuant to the Trustee Act 1925 any persons having a claim against or an interest in the Estate of the above named, late of 14 ROYSTON GARDENS, ILFORD IG1 3SX, who died on 29/01/2017, are required to send written particulars thereof to the undersigned on or before 28/04/2017, after which date the Estate will be distributed having regard only to the claims and interests of which they have had notice.

Peter Owen Wenham, The London Gazette (3147), PO Box 3584, Norwich NR7 7WD.

PUBLIC NOTICE Licensing Act 2003

We, Lithuanian Restaurant (Newham) Ltd, hereby give notice that we have applied to the Licensing Authority at the London Borough of Newham for the Grant of a Premises Licence at Unit 2, Jenkins Lane, East Ham, Barking, Essex, IG11 0AD to: 1. Permit the sale and supply of alcohol and the provision of recorded music from 10:00 to 00:00 Sunday to Thursday and; 10:00 to 02:00 the following day on Friday and Saturday; 2. Allow the premises to be open to the public from 10:00 to 00:30 the following day Sunday to Thursday and 10:00 to 02:30 the following day on Friday and Saturday; 3. Permit the provision of late night refreshment on Sunday to Thursday from 23:00 to 00:00 and 23:00 to 02:00 the following day on Friday and Saturday. A copy of the application can be viewed at the Licensing Authority's address during normal office hours. Any responsible authority, authorised persons or other persons wishing to make representations to this application must do so by writing to Licensing Team, First floor, Town Hall Annex, 330-354 Barking Road, East Ham, London, E6 2RT, or email licensing@newham.gov.uk not later than 20th March 2017. Representations received after this date will not be considered. It is an offence knowingly or recklessly to make a false statement in connection with this application, the maximum fine on summary conviction being £5,000. Dated 20th February 2017 David Dadds, Applicant's Solicitor - Dadds LLP office@dadds.co.uk 01277 631811

LICENSING ACT 2003

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Anyone who wishes to make representations regarding this application must give notice in writing to the: Licensing Department, Roycraft House, 15 Linton Road, Barking, IG11 8HE. Representations must be received by: 12/03/2017. The application record and register may be viewed during normal office hours at the above address or at www.lbld.gov.uk.

The Licensing Authority must receive representations by the date given above. The Licensing Authority will have regard to any such representation in considering the application. It is an offence knowingly or recklessly to make a false statement in connection with an application, and the maximum fine for which a person is liable on summary conviction is level 5 on the standard scale.

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Saturday, February 25 (5.30pm)



Olawore jumps to silver at indoor championships

Athletics

HAVERING AC's Josh Olawore won silver at the British Universities & Colleges (BUCS) Indoor Championships at Sheffield at the weekend.

The Bath University student qualified for the final confidently with a 7.20m effort on Saturday, in his first long jump competition since August, and went even further on Sunday with a 7.29m leap which ensured a podium place.

Only Trinidad champion Che Richards (Edinburgh University) prevented Josh from making it a hat-trick of BUC indoor long jump titles.

Also in BUCS action were Sydney Conteh (Anglia Ruskin) whose 24.25s indoor 200m PB missed out on a semi-final place and Lucy Bailey (St Mary's) who was also unable to claim a semi-final place in the 60m hurdles after a 9.53s clocking.

Karl Tucker (Reading University) was ready to join Conteh in the 200m heats but a minor hamstring niggle caused his late withdrawal and Lydia Hallam (Birmingham) also missed out on an 800m spot due to injury.

The main action this weekend will be the National Cross Country Championships at Nottingham on Saturday.



MEDAL: Josh Olawore

O'S SHOWN NO MERCY IN FIVE GOAL DRAMA

Football

Leyton Orient 2 Notts County 3
Sky Bet League Two
By Rowland Lyons at the Matchroom Stadium

LEYTON Orient came close, but not close enough, last Saturday after they suffered their 13th home defeat of the season against fellow strugglers Notts County.

Jorge Grant and Jon Stead put the Magpies in the driving seat, before Paul McCallum and Teddy Mezague seemed to have had completed an amazing second-half turnaround, only for Stead to break the east Londoners' hearts with a late winner.

Already without skipper Liam Kelly, who was banned for six games following a midweek altercation with a Plymouth Argyle ballboy, and Nicky Hunt – suspended for two games – the O's saw centre-back Tom Parkes stretched off after 10 minutes with a suspected broken pelvis.

Forced to re-organise with Callum Kennedy charged with marking veteran and former Newcastle legend Shola Ameobi, unabashed the O's went all-out for an opener.

On 15 minutes, man-of-the-moment Gavin Massey's mazing run ended with a smart Adam Collin save, only for sub Sam Dalby's and skipper McCallum's efforts to be blocked on the line by Richard Duffy.

But the visitors began to take a worrying hold on the contest, although it wasn't until 35 minutes when a long Collin clearance was nodded on by Stead. The home defence fatally switched off and

Grant was quickest to react, touching the loose ball past a stranded Sam Sargeant.

Despite a positive start to the second period, the east Londoners suffered a second knockout blow on 48 minutes, when dangerman Stead beat Sargeant to an up and under and the ball crossed the line via underside of the crossbar.

But the O's began their comeback literally straight from the kick-off, when skipper McCallum reduced the arrears by heading home after Nigel Atangana's header rebounded off the bar, from the lively Josh Koroma's deep cross.

The inspired O's kept pressing and finally got their reward nine minutes from time when Mezague levelled with a "worldy" after Gavin Massey's initial effort was blocked.

However, within three minutes, from Marc Bola's cross, Stead took advantage of sloppy defending to break the east Londoners' hearts, side-footing past Sargeant from 10 yards.

The O's – with four minutes stoppage time – dug deep and did their best, but manager Danny Webb was again positive after yet another home reverse.

"This is my fifth post-match interview and I haven't been able to criticise anyone yet – which is great," he said.

"You have to take into consideration that from day one the squad you've got and I knew what I was taking on.

"No one made me take the job, but I knew I could turn performances around. We've certainly done that.

"The character they showed to

get back to two-all was excellent.

"For those players – and fans – to come away with a point today would have been quite nice. But, it wasn't to be.

"It was, though, a lot to ask of a makeshift defence to hold out for the last ten minutes."

He added: "But, as always, I've got to take the positives out it. And there were lots, today."

Webb admitted: "Tom Parkes has put his body on the line all season. I don't know the diagnosis of his injury but it looks like he has hurt his pelvis.

"And, Callum Kennedy not only played through the pain barrier, but went to centre-half.

"So, there were a lot of players who went above and beyond [the call of duty] and they will continue to so until the end of the season."

Clearly unhappy with Kelly's ban, Webb stated: "It's extremely excessive – especially if you look at past cases of that.

"Listen, by no means am I defending what he did with a man of his experience. He said 'sorry' and you don't do that. Maybe, a three-game ban.

"The referee didn't see it. But, Plymouth definitely did.

"The most disappointing thing with a club that hold such high, moral standards have the nerve to make a big thing out of something, that, for me, would have warranted a three-match ban.

"To go to six games, I feel that we are being used as an example to stop people doing that. And, they shouldn't do it. For me that's excessive.

"And, you get that news, with

Nicky Hunt suspended. There are a lot of things going against us that way.

"But, that won't stop me from setting us up to win football games – and to get people off their seats."

Opposing boss and former Orient player-manager Kevin Nolan said: "I'm delighted for my players. It's great to get some points away from home.

"But, we're still only four points above the drop zone. And, with 14 games left to play, today was not about whether we would stay up or go down."

Stand-in O's skipper McCallum said: "It's important for our young players to step and show their worth, now.

"The gaffer believes that they're good enough to play. Age is only a number, and they have proved today they're good enough.

"I believe we will stay up, that we're good enough and we will be in this league next year."

Orient entertain Cheltenham Town on Saturday, kick-off 3pm.

Leyton Orient: Sam Sargeant, Myles Judd, Teddy Mezague, Tom Parkes (Sam Dalby 10), Callum Kennedy, Gavin Massey, Michael Collins, Josh Koroma, Nigel Atangana, Sandro Semedo, Paul McCallum (captain). Subs (not used) Charlie Grainger, Sammy Moore, Rowan Liburd, Freddy Moncur, Steven Alzate, Michael Clark.

Notts County: Adam Collin, Josh Clackstone, Richard Duffy, Elliott Hewitt, Marc Bola, Jorge Grant, Mark Yeates (Curtis Thompson 79), Michael O'Connor (captain), Rob Milsom, Jon Stead (Alan Smith 90), Shola Ameobi, Subs: Scott Loach, Carl Dickinson, Haydn Hollis, Jonathan Forte, Tavhoun Campbell.

Referee: Brett Huxtable
Assistants: Matthew Lee & Josh Smith
Fourth Official: Anthony Da Costa.
Attendance: 5,585.

Non-league round-up

Struggling Grays stun Billericay

By Brian Jeeves

GRAYS Athletic produced the performance of the day with a stunning 1-0 Ryman League Premier Division victory over free-scoring Billericay Town at Mill Field.

Grays went into the game bottom of the table. However, Kwabena Osei's last-minute strike saw the hosts grab three points against their in-form Essex neighbours.

Despite the win, Grays remain at the foot of the table, three points behind fellow strugglers Canvey Island, who went down 3-1 to Folkestone Invicta at Park Lane. Miles Cornwell grabbed a brace for the visitors, with Ian Draycott also on target. The Gulls' consolation came via a Liam Friend own goal.

In Ryman League Division One North, Femi Akinwande hit both goals as leaders Maldon & Tiptree won 2-1 at Ware. Brightlingsea Regent are in second place after Aaron Condon (2) and a Tommy Spillane own goal helped overcome Aveley. Russell Malton's late own goal offered a crumb of comfort for the beaten visitors.

Jed Chouman's second half goal ensured AFC Hornchurch a 1-0 success over Soham Town Rangers at Bridge Avenue, while Ronnie Winn (2), Perry Dunn and Michael Pindy helped Thurrock to an emphatic 4-0 triumph over Bury Town. Michael Spencer hit the only goal as Waltham Abbey edged out Brentwood Town at Capershots, while Anthony McDonald and Chris Benjamin were on target as Haringey Borough won by two goals to one at Witham Town. Nathan Koranteng responded for the hosts with a penalty on the stroke of half-time.

Bowers & Pitsea staged their big derby with Tilbury on Friday evening and it proved to be a popular decision for the hosts who romped to a 4-0 win with David Knight (2), Martyn Stokes and Brad Warner on target in front of a crowd of 257.

It wasn't such a successful weekend for Romford, who despite an Ayodeji Olukoga goal, crashed 4-1 at Norwich United, and Heybridge Swifts who lost 2-1 at home to VCD Athletic. Reece Grant with the Swifts' goal.

In the National League, Braintree Town went down 2-0 at promotion-chasing Macclesfield Town. Connor Jennings and Chris Holroyd with the home side's goals. Meanwhile, Dagenham & Redbridge's hopes were hit as Jordan Preston scored twice for Guiseley, who won 2-1 at Victoria Road. Ollie Hawkins reduced the arrears in stoppage time, but it proved too little too late.

In the National South, Chelmsford City produced a superb performance to win 1-0 at fellow play-off hopefuls Dartford. Anthony Church grabbed the all-important goal for the Clarets during the second period in front of a bumper 1,385 crowd at Princes Park.

Lyle Della-Verde and Steve Cawley hit the goals as Concord Rangers enjoyed a 2-1 victory at Truro City, and there was another 2-1 scoreline at Rookery Hill, where East Thurrock United saw off Hampton & Richmond Borough thanks to goals from Reece Harris and Tom Wraith.

There was a marvellous contest between Enfield 1893 and Redbridge in the Essex Senior League – hosts Enfield eventually winning an eight-goal thriller 5-3. West Essex won 4-3 at Hullbridge Sports, while the goals flowed at the Mile End Stadium, where Barking also won 5-3 against Sporting Bengal United.

Barkingside edged out Haringey & Waltham 3-2, while Ilford were 2-0 winners at Eton Manor. FC Romania saw off London Bari 3-0 and Waltham Forest won by the only goal against Burnham Ramblers.

The match at Southchurch Park between Southend Manor and Basildon United ended 1-1.

Selected action from the ProKit UK Essex Olympian League saw Manford Way see off Harold Wood Athletic 4-2.

In Division One, Basildon Town were 2-1 winners at Great Baddow. FC Hamlets hit five without reply against Benfleet in Division Two, while Shoebury Town were 6-0 Division Three winners over Debden Sports.

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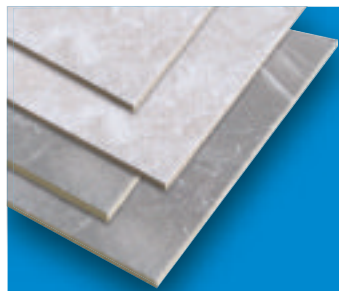
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